



FAST BREAK

CTK CYO MONTHLY NEWSLETTER

January 24, 2020

Pastor: Father Robert Ketcham

Executive Director: John Newman

Assistant Director: Dennis Briordy

Executive Assistant: Michelle Mardiney

Director's Message

I would like to thank all the coaches and assistant coaches that volunteered this season to coach our girls teams during the fall/winter. Our coaches spend countless hours with their teams and without these dedicated people our programs could not exist. Parents please remember to thank the coaches whenever you cross paths because it means a lot to them knowing that their efforts are appreciated.

We are looking to expand our program again next season and I have already received several calls from community members expressing interest in joining the CTK CYO Program. We welcome residents to join us but keep in mind that as the program grows we will need people to step forward and volunteer their time in order to make it work.

If you are interested in volunteering to coach either basketball(grades K-12) or volleyball(grades 6-10) contact John Newman at theace5120@aol.com or Donna Newman at donvolley@aol.com



Girls Volleyball

The girls volleyball program is getting set to restart and it looks like our program will be even bigger than last year. We will be adding two Tyro(grades 9-10) teams into our program which will be an exciting venture. The season will begin at the end of February and practices will begin the first week of February. Any questions contact Coach Donna Newman @ donvolley@aol.com



Boys Divisons

Grades 4-8- Coach Clarks 4th grade team has shown steady improvement as the season has progressed. In their first year of competitive basketball they have been experiencing typical growing pains but clearly show

signs of turning the corner. The team has three games left to play and finish the season at home on 2/8 against Our Lady of Snow.

Coach McConaghy's 7th grade squad has been beset by injuries throughout the season causing them to play undermanned in almost every game. Nonetheless they come to play every game and compete hard no matter what the score is. The team has four games remaining and finish up the season at home on 2/16.

Coach Tuffy's 8th grade team has made a remarkable turnaround this season. After not having won a game last year the team is currently sitting in 4th place with a 5-3 record. Led by hot shooting Marko Erakovic, the slick ball handling of Nick Vought and rebounders Mike Tuffy and Matt Brady, the team is on its way up and looking to challenge for a playoff spot. Their next game on 1/24 finds them in a must win situation against St. Louis of Sound Beach. It should be an exciting last three weeks of the season which ends on 2/16.

Coach Rosenoff's 8th grade team finds itself in a familiar spot at the top of the league standings. The team is currently 7-1 with its only loss to St. Rose of Massapequa who they had beaten earlier in the year at CTK Gym. Led by stalwarts Nick Waga and Matt Rosenoff the team is also getting big contributions from newcomers Devin Spahn and Jeremy Weiss. It looks like it will eventually come down to a CTK vs. St. Rose showdown for the league title

way. The contributions of Sammy Dossantos, Lily Connolly, Charlotte Bohn and Safah Carvan also helped make the team what it was. We want to welcome newcomer Avery Rojas who will be joining our team next season. If anyone is interested in trying out for the team for 2020-21 contact John Newman at theace5120@aol.com



Coach Tagliento and Coach Eisenberg led the 5th grade team to a 7-3 record just missing a playoff spot. The team did an outstanding job in its first year of CYO travel basketball. After getting off to a 1-2 start the team then won six of the next seven games. The team is looking forward to next year and promises to challenge again for a playoff spot in 2020-21.

Congratulations to Coach Briordy's 6th grade team on an outstanding season. The team finished with a 7-5 record just missing a playoff spot by one game. The team was led by high scoring Casey Columbo, and stalwarts Mia Trinchetto and Kate Schweitzer. More importantly the team was chosen as Sportsmanship winner for their division. CTK is proud of the teams accomplishments and the leadership of Coach Dennis Briordy and his assistant Devin Briordy.



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Girls Divisions

Grades 4-8- Coach Newman's 4th grade team finished the season on 12/19 and enjoyed a pizza feast after the game to celebrate their first season of competitive basketball. The team was young and inexperienced but came to play each game and gave great effort no matter what the score. The team held over 50 practices during the preseason and during the season and the attendance was outstanding. The improvement of each girl was remarkable as the season progressed. Every girl on the team scored this year with Gabriella Newman, Madison Decicco, Ella Candel and Sophia Antonello leading the

Pictured below is CTK 6th Grade Sportsmanship Award winners 2019-20.



Coach Mike Orlando's 7th grade team had another terrific year finishing in a tie for first place with a 9-2 record. The team played hard nosed defense and were relentless throughout each game. The team played St. Frances of Wantagh in the playoffs on 1/18 and lost by the score of 33-22. Congratulations girls on a great season.

Coach Solch's 7th grade team was the youngest team in the division with a roster consisting of mostly 6th graders. Nonetheless the team came to play each and every game and put out a great effort. The team finished with a 2-10 record but gained the respect of the other teams in the league with their tough defense and hustle. The team improved their skills with practices each week and an extra group workout with Coach Newman on Tuesday evenings. The team will play again next year in the 7th grade division and will definitely be a force to be reckoned with.

Coach Davidson's 8th grade team finished the season on a high note with consecutive victories over Our Lady of Grace and St. James. The team finished with a record of 6-5 and showed continued improvement throughout the season. The team was led by the guard play of Molly Singer and Ava Davidson and the rebounding of Tiffany Gracia. Congratulations girls on your season!



K-1 Clinic/Developmental League

The K-1 Clinic- The K-1 clinic is being held every Sunday at CTK Gym with 22 energetic participants. Coach Newman and his son Travis Newman along with Coach Chris Bohn are keeping the boys and girls moving throughout the one hour workout. The coaches are emphasizing the fundamentals of the game necessary for our participants personal improvement. Each week the session starts off with a warmup run and then the fun begins. The first thing that is practiced is the various stationary dribbling maneuvers with both hands that Coach Newman has shown the group. After that the group is assigned to various stations where they hone a specific skill under the watchful eyes of one of the coaches. Last week each participant ran through a basketball obstacle course which tested their agility and motor skills. Rules of the game are discussed and clinicians are asked to demonstrate or tell the group what they have learned that day. Anyone that would like to come down and observe the clinic is welcome.



The remaining dates for the clinic are:

Sundays 2/2, 9, 16. The clinic will begin at 12 noon and end at 1pm at the CTK Gym.

The Grade 2-3 Developmental Program-



The Grade 2-3 Program is off and running every Friday evening at Indian Hollow School. The program has 24 active participants. In each one hour session it is broken down into a skills segment and a competitive play segment. Ball handling and game strategy are stressed each week and the improvement of each participant is evident. CTK would like to enter a 4th grade boys and 4th grade girls team in the CYO travel league next year. If anyone is interested in joining please contact Coach Newman at theace5120@aol.com

The remaining dates for the clinic are:

Fridays 1/24, 31, 2/7 @ Indian Hollow School 730-830pm

Individual Instruction

Coach Newman has been holding individual and small group workouts @ CTK for the past several months. Participants (boys and girls) currently range from 1st graders to 11th graders. Each session is approximately one hour in length consisting of fundamental drills involving ball handling, shooting, dribbling, one on one moves, agility and conditioning. Anyone interested in improving their game is urged to contact Coach Newman @ theace5120@aol.com to set up a session.

ANNOUNCEMENT

CTK CYO would like to welcome our new Pastor Father Robert Ketcham. Father Ketcham comes to us from his last assignment as chaplain at St. John the Baptist High School in West Islip. Father Ketcham grew up on Long Island and spent his years growing up on the East End of Long Island. We hope to see Father Robert at our basketball and volleyball games this coming season.

CTK CYO now has our own Dr. Dish shooting machine. This machine streamlines shooting workouts and makes practice time much more efficient. In a 45 minute shooting workout the machine is capable of having a single shooter shoot over 700 shots. Coach Newman will be holding shooting workouts for anyone that is interested in improving their shooting skill. For information contact Coach John Newman at theace5120@aol.com

Pictured below are current Commack High School Varsity Basketball Senior Travis Newman and Coach Newman with the new Dr. Dish shooting machine.



CTK CYO will be holding a Shooting League starting this Spring utilizing the Dr. Dish Shooting Machine. There will be two divisions(grades 7-8 and 9-12). Each team can have up to three people on the roster and competition will be two shooters vs. two shooters in various shooting scenarios. Each shooting matchup will be approximately 45 minutes in length allowing each shooter to shoot over 100 shots. Contact Coach John Newman for further details and to reserve your spot @ theace5120@aol.com