



FAST BREAK

CTK CYO MONTHLY NEWSLETTER November 27, 2019

Pastor: Father Robert Ketcham
Executive Director: John Newman
Assistant Director: Dennis Briordy
Executive Assistant: Michelle Mardiney

Director's Message

The interscholastic basketball season has begun and I am pleased to announce that many of our CTK participants have been selected for these teams. All of these boys and girls have either participated in our travel program or the Individual Instruction Program and some have participated in both programs. It has become one of CTK CYO's goals to provide programs to help our participants reach their goal of playing on their high school or middle school team. Congratulations to the following CTK alumni:

- Spencer Malloy.....Commack HS Varsity
- Travis Newman.....Commack HS Varsity
- Kevin Krach.....Commack HS Varsity
- Nick Greco.....Commack HS Varsity
- Thomas Abbott.....Commack HS Varsity
- Blaise Cammarata.....Commack HS Varsity
- Gavin Newman.....Commack HS Varsity
- Zach Lagrasta.....Commack HS Varsity
- Antonio Figueroa.....Commack HS Varsity
- Joey Dietz.....Commack HS Varsity
- Thomas Botticelli.....Commack HS Varsity
- Ryan Elliot.....Commack HS Varsity
- Tristan McMahon.....Commack HS JV
- Cam Clark.....Commack HS JV
- Chris Luo.....Commack HS JV

- Aiden Murphy.....Commack HS JV
- Chris McHugh.....Commack HS JV
- Anthony Baggetta.....Commack HS JV
- Nick Gadbois.....Massapequa HS JV
- Hamza Masood.....Hills East JV
- Michael Gitz.....St. John the Baptist Frosh
- Nick Waga.....Commack Middle School
- Matt Rosenoff.....Commack Middle School
- Michael Tuffy.....Commack Middle School
- Marko Erakovic.....Commack Middle School
- Nick Vought.....Commack Middle School
- Brandon Berozi.....Commack Middle School
- Benny Hughes.....Commack Middle School
- Andrew McConaghy.....Commack Middle School
- Jeffrey Behar.....Commack Middle School
- Sebastian Trent.....Commack Middle School
- Fiona Kernaghan.....Commack HS Varsity
- Jules Briordy.....Commack HS Varsity
- Ava Darvassy.....Commack HS Varsity
- Julianna Gembs.....Commack HS Varsity
- Deanna Pagliaro.....Commack HS Varsity

- Jamie Bopp.....Commack HS Varsity
- Maddie Prodromakis.....Commack HS Varsity
- Angelina Caruso.....Commack HS Varsity
- Claire Janis.....Commack HS Varsity
- Lauren Wald.....Commack HS Varsity
- Olivia Vasselmann.....Commack HS Varsity
- Kiera Spahn.....Commack HS Varsity
- Jordan Diprima.....Commack HS Varsity
- Daphne Kotsukos.....Commack HS Varsity
- Ally Carson.....Commack HS Varsity
- Reese Johnson.....HHH JV
- Ryann Reynolds.....Smithtown West JV
- Alivia Agosta.....Island Trees HS JV
- Bella Lanza.....Commack HS JV
- Ava Patelli.....Commack HS JV
- Courtney Ianucci.....Commack HS JV
- Olivia Lombardi.....Commack HS JV
- Ashley Kolomechuk.....Commack HS JV
- Brooke Briordy.....Commack HS JV
- Anna Orlando.....Commack HS JV
- Rachel Aitken.....Commack HS JV
- Brooke Kanganis.....Commack HS JV
- Ava Espinoza.....Commack HS JV
- Jessie Shisko.....Commack HS JV

I would like to extend a heartfelt congratulations to Ava Darvassy on her being selected for the Commack HS Varsity this season. Ava was a CTK participant since the 4th grade and took part in our Individual Instruction Program since the 5th grade. Her dedication and hard work over the past three years has paid off with big dividends. As an eighth grader, being selected for the varsity is a tremendous accomplishment, one that she

truly deserves. Ava is a role model for all the young girls in our programs as to what can be accomplished with perseverance, a sense of purpose and dedication to self improvement. Good luck this year in your inaugural varsity season!

WHAT'S HAPPENING



Girls Volleyball

The girls volleyball program is getting set to restart and it looks like our program will be even bigger than last year. We will be adding a Tyro(grades 9-10) team into our program which will be an exciting venture. Registration is closed and tryouts are scheduled for early December and we will be fielding ten teams in the CYO Travel league which begins in late February. For further information about our volleyball program contact Coach Donna Newman @ donvolley@aol.com



Boys Divisons

Grades 4-8- The boys season has begun and both of our 8th grade teams started with resounding victories. Coach Tuffy's rejuvenated team got their first win by defeating St. Patrick's of Huntington by the score of 45-38. Coach Rosenoff's squad took on St. Kilian of Farmingdale and came away with the 60-38 victory. Coach Clark's 4th grade team battled St. Patrick of Huntington in their inaugural game. The team came up just short but looked terrific in what was their first game playing as a unit. It should be a great season at CTK this winter as the action

takes off after Thanksgiving. Check the cyoli.org website for schedules for all of our teams.



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Girls Divisions

Tyro Division(grades 9-10)-Coach Mike Orlando's fall Tyro team had a terrific run. The team finished the regular season at 5-4. In the playoffs they defeated St. Thomas by the score of 56-43 and then lost in the championship game to a solid St. Elizabeth of Huntington team. The team was led by the steady play of Anna Orlando, Ryann Reynolds, Brooke Briordy and Jules Briordy. Congratulations girls on a great season!

Grades 4-8- Coach Newman's 4th grade team opened the season with a comeback victory over St. Patrick's of Huntington. The team was down 8-1 but came all the way back for the 17-13 win. The team was led by Gabriella Newman with 9 points and the slick ball handling of Sofia Antonello and Ella Candel. Madison Decicco chipped in with a huge bucket late in the game to help secure the win. Safah Carvan scored the teams inaugural basket which brought the CTK crowd to its feet. Lily Connelly, Charlotte Bohn and Sammy Dossantos proved to be yeomans on defense and provided much needed rebounds in the game.

Coach Tagliento's 5th grade team is currently 3-2 and Coach Briordy's 6th grade team is 3-3. Once again Coach Orlando's 7th grade team is off to a flying start with a perfect 4-0 record. Coach Solch's 7th grade team got their first win over St. Rose of Massapequa and are looking to build on that win. Coach Davidson's much improved 8th grade team is sitting at 2-3 with playoff aspirations moving forward. Check the cyoli.org website for the schedules for all of our teams.



K-1 Clinic/Developmental League

The K-1 Clinic- The K-1 clinic is starting Sunday 12/1 with 21 eager participants ready to put their best foot forward. The clinic starts at 12 noon and Coach Newman will be assisted again this year by Commack HS Varsity Basketball senior Travis Newman. All are welcome to come watch our future Commack stars as they hone their skills every Sunday.



The dates for the clinic are:

Sundays 12/1, 8, 15, 29, 1/5, 12, 19, 2/2, 9, 16. The clinic will begin at 12 noon and end at 1pm. A jersey and basketball will be provided for each clinician.

The Grade 2-3 Developmental Program-



The Grade 2-3 Program had its first session on 11/22 at the Indian Hollow school. Each week fundamental skills will be worked on in the first ½ hour and then games of 3 on 3, 4 on 4 and 5 on 5 will be played in the last ½ hour. It will be fun atmosphere as we watch the participants advance their skills each week.

The dates for the clinic are:

Fridays 11/22, 12/6, 13, 20, 1/3, 10, 17, 24, 31, 2/7

Individual Instruction

Coach Newman has been holding individual and small group workouts @ CTK for the past several months. Participants (boys and girls) currently range from 1st graders to 11th graders. Each session is approximately one hour in length consisting of fundamental drills involving ball handling, shooting, dribbling, one on one moves, agility and conditioning. Anyone interested in improving their game is urged to contact Coach Newman @ theace5120@aol.com to set up a session.

ANNOUNCEMENT

CTK CYO would like to welcome our new Pastor Father Robert Ketcham. Father Ketcham comes to us from his last assignment as chaplain at St. John the Baptist High School in West Islip. Father Ketcham grew up on Long Island and spent his years growing up on the East End of Long Island. We hope to see Father Robert at our basketball and volleyball games this coming season.

CTK CYO now has our own Dr. Dish shooting machine. This machine streamlines shooting workouts and makes practice time much more efficient. In a 45 minute shooting workout the machine is capable of having a single shooter shoot over 700 shots. Coach Newman will be holding shooting workouts for anyone that is interested in improving their shooting skill. For information contact Coach John Newman at theace5120@aol.com

Pictured below are current Commack High School Varsity Basketball Senior Travis Newman and Coach Newman with the new Dr. Dish shooting machine.



CTK CYO will be holding a Shooting League starting this Spring utilizing the Dr. Dish Shooting Machine. There will be two divisions(grades 7-8 and 9-12). Each team can have up to three people on the roster and competition will be two shooters vs. two shooters in various shooting scenarios. Each shooting matchup will be approximately 45 minutes in length allowing each shooter to shoot over 100 shots. Contact Coach John Newman for further details and to reserve your spot @ theace5120@aol.com