



FAST BREAK

CTK CYO MONTHLY NEWSLETTER

April 30, 2019

Pastor: Father Joseph Davanzo

Executive Director: John Newman

Assistant Director: Dennis Briordy

Executive Assistant: Michelle Mardiney

Director's Message

Now that the regular season has concluded for both boys and girls, it is a good time to do a self evaluation of how you performed and what are the things you need to do to improve your game. The best critic of your game should be yourself. Take time to honestly examine the highs and lows of your season and figure out why things went right and why some things went askew. Write down on a piece of paper all those things that need to be improved upon and every time you practice focus on those things. Keep a chart of your progress so you can actually measure how you are doing.

As parents what can we do to help our child to get better? First thing is that we should give them our support and encourage them to work hard. If they are showing that they are willing to do this let's help direct them in the right direction.

Basketball camps and clinics are a great way to get your kids involved with good coaching and good competition. There are many sport specific camps on Long Island that are affordable. Your child's coach would be a good place to start and ask for their recommendations. Have your child try out for a team that plays in a spring and/or summer league. Enroll them in a group or individual instruction program. Have your child set aside specific times for them to practice on their own. The more your child has a ball in their hand the greater chance they have for improvement.

The interscholastic basketball season is about seven months away which is really not a long time. The time is now to prepare yourself for that tryout in November. Don't allow yourself to be disappointed, make sure you do everything possible to show the coach that you belong on your school team. Remember...."if you are not getting better you're getting worse."

WHAT'S

HAPPENING



Girls Volleyball- Coach Palazzo's 6th grade team ended the season with a 9-1 record and tied for 1st place in their division. After losing their first match of the year to Sacred Heart of Merrick the team went on a nine game winning streak. The team is being led by ace servers Maria Orlando and Jaclyn Clements. The team will be competing in the upcoming playoffs which begin on May 6th with championship hopes in their sights.



It was an outstanding season for the CTK Volleyball Program as four of our other teams also have qualified for the playoffs. Congratulations to the following teams:

Coach Valinotti 7th grade 9-1 tied for 1st place

Coach Curran 7th grade 8-2 2nd place

Coach Briordy 8th grade 7-3 2nd place

Coach Leahey-Tamburro 7-3 2nd place

Good luck to all our teams in the upcoming playoffs.



Boys Divisions

Grades 5 thru 8- Congratulations to Coach Rosenoff's 7th grade "A" Division Nassau-Suffolk CYO Champions. The team defeated St. Joseph of Garden City by the score of 43-24 in the championship game. The boys capped off a terrific season with their run through the playoffs with wins over St. Edward, St. Patricks and St. Joseph. The team was led by high flying Nick Waga and stalwarts Matt Rosenoff and Brandon Berozi.



Tyro Division(grades 9-10)- This Spring CTK has two teams competing in the Tyro division. Coach Seth

Goodman has his team in the Scholastic Division and Coach John Newman has his team in the Non-Scholastic division. Coach Goodman's team members are:

Jack Bello

Matt Cecere

Kieran Bradley

Sam Goodman

Brian Lanci

Nick Levine

Michael Maldonado

Sean McCune

RJ Orlowski

Tyler Reyes

Andrew Shovelson

Anthony Sicurelli

Coach Newman's team members are:

Dylan Cahill

Dom Carletto-Vega

Dan Figueroa

Dan Fitzgerald

Nick Gadbois

James Haupt

Chris Luo

Evan Sachs

Jake Spinelli

Anthony Tonso

Ethan Winter

The team got off to an exciting start in their season opener with a 57-48 quadruple overtime win over St. Matthew. Chris Luo hit a game tying three pointer with 3 seconds remaining in the third OT session to send it to a 4th session. The team then went on a 12-0 run to secure the victory. Dylan Cahill led the way for CTK with 17 points.



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Girls Divisions

Senior Division(grades 11-12)-Coach Briordy has his team playing "up" in the senior division as CTK has entered a team in the Spring league for the first time. The team opened up the season with a convincing 52-35 win over St. Dominic of Oyster Bay. The team will be playing their home games at Sawmill Intermediate School and their schedule can be found on cyons.org website.



K-1 Clinic/Developmental League

The K-1 Clinic-Our clinic finished its 10th and final session on February 10th. It was a great turnout this year as we had thirty two clinicians in the program. It was a pleasure watching the boys and girls each week honing their skills and having fun every Sunday afternoon. CTK wants to thank Travis Newman, Jay Morris, Xavier Tomeii and Chris Kraft for helping Coach Newman each week.



The Grade 2-3 Developmental Program-Our Developmental Program had its final session on February 8th culminate with a spirited five on five full court game. The program consisted of seventeen participants that came to Indian Hollow School every Friday evening under the watchful eye of Coach Newman. The first half hour was dedicated to skills improvement and the last half hour was live game play of either 3 on 3, 4 on 4 or 5 on 5. The improvement of each individual was evident as the weeks progressed which is the primary goal of the program. The 3rd graders will be moving on to structured competitive play next year and this seasons program was designed to prepare them for that endeavor. We will be having this program again next year and we ask that you register early as space will be

limited.



Individual Instruction

Coach Newman has been holding individual and small group workouts @ CTK for the past several months. Participants (boys and girls) currently range from 1st graders to 11th graders. Each session is approximately one hour in length consisting of fundamental drills involving ball handling, shooting, dribbling, one on one moves, agility and conditioning. Anyone interested in improving their game is urged to contact Coach Newman @ theace5120@aol.com to set up a session.



CTK would like to start a girls 4th grade team for the 2019-20 season. The season begins in October and finishes in January. Coach John Newman will be coaching the team. If you are interested in playing there is a informational meeting on May 1st 715pm at CTK contact Coach Newman at theace5120@aol.com.

CTK would like to start a boys 4th grade team for the 2019-20 season. The season begins in November and finishes in February. Anyone interested in coaching the team can contact John Newman at theace5120@aol.com.

Congratulations to Travis Newman on helping his Titans AAU team to the Championship of the ZG/Basketball Challenge in Worcester Massachusetts on May 7th. Travis had 14 points to lead the team in the championship game.



GET WELL SOON:

Aidan Norotsky, Erik Jovans, Ethan Winter

