



FAST BREAK

Pastor: Father Joseph Davanzo
Executive Director: John Newman
Asst. Director: Dennis Briordy
Asst. Director: Michelle Mardiney



Director's Message

At a recent game that I was coaching the idea of sportsmanship and its meaning came up for discussion. I'm not really sure if there is one true definition of sportsmanship because it encompasses many different and varied things. One of the most important components of it though without a doubt is respect for the game and respect for your opponent. So exactly what does this mean? In order to respect the game each team should be placing their best foot forward in terms of effort, adherence to the rules, appropriate conduct toward the officials, and execution of basketball skills to the best of one's ability at all times. In terms of respecting your opponent, each player should be at their competitive best at all times but never crossing the line where one's conduct can be considered contemptuous. Trash talking, finger waving and other visible acts of disdain have no business on the court and coaches should take immediate measures toward their player if this were to occur. If one team is beating another team by a large score that team should continue to play the game but intentionally running up the score or pressing the opponent is not what should be done. The winner of the game should be humble in victory and the loser of the game should be dignified in defeat. If we follow this general rule each and everyone can feel good about themselves at the end of a game no matter what the score.



Girls Volleyball Girls volleyball registration is now underway on the ctkcyo.net website. CTK would like to field teams this coming season in the 6th, 7th and 8th grade divisions. We will field as many teams as possible as long as we have people that are willing to volunteer to coach. Any questions or if you would like to volunteer to coach contact Donna Newman.





Boys Divisions .

Grades 5 thru 8-This season we would like to welcome Coach Tom Ehlers and his 5th grade squad to our boys program. Coach Ehlers comes from a basketball family and his knowledge of the game is a welcome addition. Coach Ehler's father was a longtime varsity basketball coach at West Babylon High School and his brother Brian is one of the alltime top scorers in Suffolk County history. Coach Ehlers was a terrific player at Bay Shore High School and would later play for legendary Princeton coach Pete Carrill. We wish them well in their inaugural season.

The boys season starts on 11/17 and it promises to be another exciting time at the CTK Gym. To access the schedule for all the games go to the cyons.org website and follow the links to team schedules.

Tyro-Congratulations to Coach Newman's team on their stellar 9-1 record in the Fall CYO Tyro league The team finished in a three way tie for first place and was the only team to defeat eventual champion Our Lady of Grace.



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GIRLS DIVISIONS

Grades-5 thru 8- The girls season is in full swing as all seven of our teams are off to a flying start. Coach Jill Kraft's 8th grade team, Coach Chris Kraft's 7th grade team and Coach Mike Orlando's 6th grade team are all currently vying for a playoff spot in their respective divisions. Coach Gillon's 5th grade team and Coach Didomenico's 8th grade team are much improved this year and are making noise in their league. Coach Davidson's 7th grade team just grabbed their first win over Infant Jesus and Coach Newman's 7th grade team has yet to break the ice but each game they are taking strides and good things are about to happen. To access the schedule for the girls games go to the cyons.org website and follow the links for team schedules.

Tyro-For the first time CTK has fielded a team in the girls Fall Tyro division. Coach Orlando's team finished the regular season 8-2 and reached the finals of the playoffs by beating St. Raymond's of East Rockaway in a semifinal match. They lost to Our Lady of Peace from Lynbrook in the finals of a well played game. Congratulations girls on a job well done.



K-1 Clinic/Developmental League

The K-1 Clinic- The K-1 Clinic is off and running with 30 clinicians coming down to CTK on Sunday afternoon. It's great to see how our program has grown to new heights and it has doubled in size from last year. Assisting Coach Newman this year will be his son Travis Newman a member of the Commack HS Varsity basketball team, Coach Chris Kraft our 7th grade girls coach, Coach Jay Morris and Gabriella Newman will also assist with some

demonstrations. People are welcome to come watch from 12-1pm as our clinicians work on their skills each week.

The 2-3 Developmental Program-The Grade 2-3 Developmental Program has started and the program has seen an increase in attendance this year. We have 17 participants coming down each Friday evening at the Indian Hollow School. The sessions include ½ hour of skill work and ½ hour of supervised game play. The purpose of the program is to prepare our participants for eventually playing competitive 4th grade travel basketball. It's proving to be a great way to learn how to play this fun game of basketball.

Individual Instruction

Coach Newman has been holding individual and small group workouts @ CTK for the past several months. Participants (boys and girls) currently range from 1st graders to 11th graders. Each session is approximately one hour in length consisting of fundamental drills involving ball handling, shooting, dribbling, one on one moves, agility and conditioning. Anyone interested in improving their game is urged to contact Coach Newman @ theace5120@aol.com to set up a session.

Congratulations to the following participants in our Individual Instruction Program on making their interscholastic team:

- Ethan Winter.....Commack Middle School
- Michael Tuffy.....Commack Middle School
- Brandon Berozi.....Commack Middle School
- Nick Waga.....Commack Middle School
- Matt Rosenoff.....Commack Middle School
- Gianna Basta.....St. Anthony's HS JV
- Travis Newman.....Commack HS Varsity
- Spencer Malloy.....Commack HS Varsity
- Antonio Figuero.....Commack HS JV



Coach John Newman will be conducting individual and small group instructional workouts for boys and girls during the months of December and January. This an excellent way to prepare for your Middle School tryout and to get in some extra work during your current season. These workouts will be open to CTK players and non-CTK participants. Contact Coach Newman @ theace5120@aol.com for further information if you are interested.

CTK is excited to present our new uniform that all our teams will be wearing this upcoming season:

