



The Christ the King CYO Newsletter

FAST BREAK

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FAST BREAK is a monthly newsletter published by the **CTK CYO** in order to bring everyone the latest news, updates, and accomplishments of our boys and girls **CYO Basketball Programs** teams and players. **CTK CYO** has now become a year round program ready to bring basketball to anyone interested in playing throughout the year. **CTK** now offers Spring, Summer, Fall and Winter basketball programs for both girls and boys. Volleyball for girls grades 6 thru 8 is also now a part of the **CTK CYO** Program. Go to the **CTK CYO** website ctkcyo.net for further information and check the **ANNOUNCEMENT** section of the **NEWSLETTER** for updates.

WHAT'S HAPPENING



Girls Volleyball

Registration is now underway for the inaugural **CTK Girls Volleyball** program. The program is open to all current 6th, 7th and 8th grade girls. The teams will participate in the Nassau-Suffolk **CYO Girls Travel Volleyball** league. The season begins in February 2018 and ends in April. The program will be administered by Coach Donna Newman. Volunteers are needed to coach and assist at the home games. Registration will close on Friday December 8th. There will be a mandatory meeting

for all parents on Wednesday December 13th at 7:30pm in the Bishop McGann room at the **CTK Gym**. Tryouts will be held on Saturday 1/6/18 9:45-11:45am at the **CTK gym**.



Boys Divisons

Tyro Division- Coach Newman's team finished the regular season with an 8-2 record and in a three way tie for 2nd place.

On 10/22 the team faced St. William of Seaford in a must win situation with a potential playoff berth at stake. The team responded with a stunning 61-48 victory. After three quarters the game was tied at 45-45. The defense then dug in and gave up only three points in the 4th quarter and the offense turned up the heat to help seal the win. Travis Newman had a game high 29 points to lead the way. Thomas Abbott and Nick Greco both added 11 points each and Spencer Malloy was his usual force clearing the backboards.

The team then traveled to East Islip on 11/3 to face St. Mary's in a division playoff match. Earlier in the season the team had defeated St. Mary's by the score of 76-69. It was not meant to be for **CTK** however, as they fell to St. Mary's by the score of 57-45.

The team got off to a slow start and was down by 17 points at halftime. After making some adjustments at

halftime the lead was down to 8 points late in the 4th quarter as St. Mary's had difficulties with CTK's all out trapping defense. The team never gave up and certainly made the game exciting at the finish. Travis Newman had another solid effort with 20 points to lead the team. Spencer Malloy added 10 points and played tough physical basketball the entire game.

Coach Newman wants to congratulate the boys on an outstanding season. The group came together nicely and had good team chemistry. Team members were Thomas Abbott, Adam Dubi, Anthony Foti, Nick Greco, Matt Fajfer, Ryan Burke, Zach Lagrasta, Travis Newman, Gavin Newman, Spencer Malloy and Nick Pappas. Coach Newman wishes the best of luck to the entire team in their upcoming tryouts for the high school teams. It will be an enjoyable winter watching the boys play for Commack HS!!

Coach Norotsky's team closed out the season with a 2-8 record. The team played a tough schedule facing mostly older teams in their division. The team came to play every night and gave a great effort in spite of being physically overmatched in almost every game. Team members were Aidan Norotsky, Joe Cutolo, Antonio Figueroa, Sean McCune, Sam Goodman, Anthony Longo, Andrew Shovelson, RJ Orlowski and Mitch Cohen. Coach Norotsky wants to thank the boys for all their efforts and best of luck in the upcoming high school tryouts.

Grades 5 thru 8-The boys divisions: McConaghy(5th), Tuffy(6th), Rosenoff(6th), Gitz(7th), Newfield(7th) and Spinelli(8th) are all set to go as the season is scheduled to tip off on 11/18. Preseason workouts have been going on since early October and all the teams are primed and ready to make a case for a championship run. The schedule for all the teams can be found on the cyons.org website. All home games will be at the CTK GYM and everyone is invited to come and watch the teams play. .

High School League-The boys High School league opened up the season on 11/12 with two exciting matchups.

In the first game the Saints faced off against the Apostles with long range shooting guards Shane Macchio and Nick Greco going head to head. Macchio would lead the Saints to the 66-60 win with his 19 points. Greco had 18 points in the losing effort and Travis Newman had 11 points and 15 rebounds. In the second game Zach Lagrasta's baseline jumper with 5.2 seconds remaining in

the game gave the Wise Men a 46-44 win over the Angels. Anthony Foti led the Wise Men with 15 points and Johnny Melville led the Angels with 24 points.

On 11/19 the Saints defeated the Angels 60-43 thanks to Shane Macchio's 20 points and Kevin Krach's 13 points. Dylan Waring had 16 points in the losing effort for the Angels. In the second game the Apostles were led by the rebounding of high flying Travis Newman and Antonio Figueroa as they defeated the Wise Men by the score of 51-33. Mitch Cohen was high man for the Wise Men with 10 points

HIGH SCHOOL LEAGUE STANDINGS

TEAM	WINS	LOSSES
SAINTS	2	0
APOSTLES	1	1
WISE MEN	1	1
ANGELS	0	2

HIGH SCHOOL LEADERS

POINTS SCORED

<i>MACCHIO</i>	39
<i>MELVILLE</i>	34
<i>D. WARING</i>	34
<i>GRECO</i>	29

REBOUNDS

<i>T. NEWMAN</i>	26
<i>FIGUEROA</i>	26
<i>KEALEY</i>	24
<i>ORLOWSKI</i>	18

ASSISTS

D.WARING.....6

COHEN.....5

FAJFER/G.NEWMAN/T.NEWMAN....4

STEALS

D.WARING/MACCHIO.....6

DUBI/GRECO.....5

LAGRASTA.....3

BLOCKS

T.NEWMAN.....4

KEALEY.....4

D.WARING.....3

FIGUEROA.....3

CTK Gym and watch our girls play some exciting basketball.



K-1 Clinic/Developmental League

The K-1 Clinic- The K-1 clinic held its first two sessions on 11/12 and 11/19 and saw Coach Newman getting our clinicians primed and ready to go. Returnees Jack Cohen and Samantha Dossantos set the example for the newcomers on how to conduct themselves as Coach Newman and his son Travis instructed the participants on the art of catching/passing and dribbling a basketball. The clinic continues on 12/3 after taking the holiday weekend off to regroup.

The K-2 Developmental program started off on Friday 11/17 with 16 enthusiastic participants. We want to welcome back Sydney Walsh, Carter Clark, Armondo Jacques, Cam Scotto-Lavino, Thomas Okpych, Logan Schadt, Alexander Kineiko, Max Compagno, Anthony Barone, Cassie Whalen, Gabriella Newman, Robert Leon-Skidmore and Aaron Werner. Our other newcomers fell right into place and after watching them all play the first night it won't be long before they start "draining 3's". The program will resume on Friday 12/1 @ Indian Hollow School.

All games will be held at the CTK Gym on Sundays and start at 6pm. All are welcome to come down and see some real competitive basketball.



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GIRLS DIVISIONS

Winter season 2017-18- The season has begun and the girls teams are off to an outstanding start!!

Mike Orlando's 5th grade team is sitting atop the division with a 5-0 record. Mike's 8th grade team featuring slick shooting guards Ryann Reynolds and Jordan DiPrima have jumped out to a 4-1 record. Anthony Davidson's 6th grade squad led by Ava Darvassey is off to a fast start with their 4-1 record. Jill Kraft's 7th grade team with the Briordy sisters and Coach Kraft's daughter Fiona are vying for a playoff berth with their 5-2 record. The schedule for all the girls teams can be found on the cyons.org website. All are welcome to come down to the

Individual Instruction

Coach Newman has been holding individual and small group workouts @ CTK for the past several months. Participants (boys and girls) currently range from 1st graders to 11th graders. Each session is approximately one hour in length consisting of fundamental drills involving ball handling, shooting, dribbling, one on one

moves, agility and conditioning. Anyone interested in improving their game is urged to contact Coach Newman @ theace5120@aol.com to set up a session.

Congratulations to **Ava Darvassey** on getting her first career double/double against St. James on 11/5. Ava had 13 points, 11 rebounds, 2 blocks and 1 assist in leading the team to its 35-12 victory. **Ava** continues to keep getting better each and every game as she is taking her game to new levels. Coach Newman is proud of the hard work that she is putting in and has high expectations for **Ava** in the future.

Congratulations to **Spencer Malloy** on being selected to the Commack High School Varsity Boys Basketball team. **Spencer's** selection is representative of the hard work and dedication he has put in over the past two years. We all look forward to watching **Spencer** play varsity basketball the next three years!

Congratulations to **Travis Newman** on hitting the game winning three point shot with no time remaining for his Commack Falcons AAU team in the Championship Game of the Titans Fall JV League. **Travis** has seen his game elevate to new heights thanks to all the time and effort he has put in over the past two years. We anticipate him leading the Commack HS JV team to another stellar season this year.

Congratulations to **Maya Khan** on another outstanding game as she did everything possible in a tough 24-22 loss to St. Agnes on 11/19. **Maya** had 16 points, 19 rebounds, 5 blocks, 1 steal and wowed the capacity crowd at CTK with her inspired play. **Maya** keeps getting better each and every game and is fast becoming known around the league as a player to watch out for!



Coach John Newman will be conducting individual and small group instructional workouts for boys and girls during the months of

November and December. This an excellent way to prepare for your Middle School tryout and to get in some extra work during your current season. These workouts will be open to CTK players and non-CTK participants. Contact Coach Newman @ theace5120@aol.com for further information if you are interested.

CTK CYO will be conducting its Boys High School League again this year on Sunday nights beginning November 12th. There will be two games played each night at the CTK GYM. The games are at 6 and 7pm and will certainly keep the crowd on the edge of their seats with some exciting basketball. Everyone is invited to come down and enjoy some good competitive basketball.



TRIVIA QUESTION OF THE MONTH

The answer to last months Trivia Question:

What current CTK coach played on the 1969-70 CTK 8th grade boys basketball Nassau-Suffolk CYO Championship team?

Answer: Coach John Newman was a member of the team that was coached by the legendary CTK coach Ed Sullivan.

Members of the team were: Jack Grennan, Terry Hanlon, Bobby Sullivan, Lenny Locasio, Bob Weiss, Don Grimm, Gary Stanzoni, Pat Haggerty, Steve Miller, Jeff Freidman and Neal Sobel.

This month's question:

What current CTK coach played for Coach Newman and would later have his son play for Coach Newman almost 30 years later?

Email your answer to : theace5120@aol.com