



FAST BREAK

The Christ the King CYO Newsletter

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Monthly Newsletter

Fast Break is a monthly newsletter published by the **CTK CYO** in order to bring everyone the latest news, updates, and accomplishments of our boys and girls **CYO Basketball Programs** teams and players. **CTK CYO** has now become a year round program ready to bring basketball to anyone interested in playing throughout the year. **CTK** now offers Spring, Summer, Fall and Winter basketball programs for both girls and boys. Go to the **CTK CYO** website ctkcyo.net for further information and check the **ANNOUNCEMENT** section of the **NEWSLETTER** for updates.

WHAT'S HAPPENING

Girls Volleyball



Coach Donna Newman has held two informational meetings with interested parents and players this spring. Based on the response the program will be moving forward with a target starting date of 2/1/18. Preregistration will be held during the months of July and August for the purpose of organizing the program into the various age groups (grades 5 thru 9 as of Sept. 2017). Anyone interested in joining will be able to go to the **ctkcyo.net** website and preregister online at no charge. Upon completion of preregistration participants will be notified of fees to be assessed.



Boys Divisions

Tyro Spring CYO League-CTK had two entries this spring in the CYO Tyro League. Coach Newman's team was in the Non-Scholastic division and Coach Macchio's team was in the Scholastic division. Both teams had an outstanding season with Coach Newman's team going 6-2 and tied for second place while Coach Macchio's team finished in first place with a 7-1 record.

Coach Newman's team finished strong, winning their last three games which included handing Sacred Heart their only loss of the season on 5/21 by the score of 51-49. In that game CTK would go down by as many as eight points late in the second half but refused to give up. They battled back and with 21 seconds left in the game Zach Lagrasta hit a three pointer from deep to put CTK up by the final margin of 51-49. The defense held on in the last 21 seconds to secure the win. Thomas Abbott 13 points, Matt Fajfer 12 points and Antonio Figueroa 10 points led a balanced scoring attack. It was a terrific way to end the season for a group that came together as a team and shared the basketball each and every game. Team members were: Thomas Abbott, Adam Dubi, Antonio Figueroa, Matt Feigenbaum, Kieran Bradley, Matt Fajfer, Tyler Reyes, Nick Pappas, Ryan Elliot and Zach Lagrasta.

Coach Macchio's team split two games with St. Peter of Port Washington and then reeled off five straight wins to close out the season and finish 7-1. The team had a terrific inside and outside game with Blaise Cammarata, Nick Greco, Shane Macchio and Kevin Krach draining three pointers from deep on a regular basis. The inside presence of Spencer Malloy, Travis Newman And Jaden Kealey

was deadly as the trio would consistently score and keep the opponent away from the backboards. The team played an exciting brand of basketball and plans to continue playing together this summer and this coming fall.

CYO Summer League Update-The boys program will be entering four teams this summer in the Nassau-Suffolk CYO Summer League. We want to welcome Bob Schalk who will be coaching our 4th grade team this summer. He will be joined by Coach Brian McConaghy(5th grade), Coach Bob Spinelli(8th grade) and Coach Andy Norotsky(9th grade). The teams will begin practicing in June and the games begin after July 4th.



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GIRLS DIVISIONS

CYO Summer League Update-The girls program will be placing five teams this summer in the Nassau-Suffolk CYO Summer League. We want to welcome newcomer Coach Jill Gillon who will be coaching our 4th grade entry this summer. She will be joined by CTK veterans Coach Briordy, Coach Gembs, Coach Didomenico and Coach Davidson. The teams will begin practicing in June and the games will begin after July 4th.



K-2 Clinic

The K-2 Clinic- For the 2017-18 season a new format will be in effect. The kindergarteners will have their own separate clinic day and time. It will be boys and girls together and the session will be one hour in duration.

The 1st and 2nd grade boys and girls will be grouped together for their session which will be one hour in duration. Anyone that is interested in volunteering to

coach at this level can contact Coach Newman @ theace5120@aol.com.

Individual Instruction

Coach Newman has been holding individual and small group workouts @ CTK for the past few weeks. Participants (boys and girls) currently range from 2nd graders to 8th graders. Each session is approximately one hour in length consisting of fundamental drills involving ball handling, shooting, dribbling, one on one moves, agility and conditioning. Anyone interested in improving their game is urged to contact Coach Newman @ theace5120@aol.com to set up a session.



Coach John Newman will be conducting individual and small group instructional workouts for boys and girls during the months of June and July. These workouts will be open to CTK players and non-CTK participants. Contact Coach Newman @ theace5120@aol.com for further information if you are interested.

CTK CYO will be offering a Fall Tyro(Grades 9-10) and Senior Division(Grades 11-12) program for both boys and girls. Anyone interested in participating can contact Dennis Briordy for the girls program at dennis.briordy@gmail.com. For the boys program contact John Newman at theace5120@aol.com. These programs are designed to start after Labor Day and finish by the first week of November. It's a great way to prepare for the winter high school interscholastic season.



This month's question:

What former CTK player is now a Head Varsity Boys Basketball coach in Suffolk County? Hint: He grew up on Wyoming St. in Commack.

Email your answer to : theace5120@aol.com

TRIVIA QUESTION OF THE MONTH

The answer to last months Trivia Question:

What former CTK player was a member of the first New York State High School Basketball Champion St. Anthony's in 1974?

Answer: Bill Marrero played on Gus Alfieri's 1974 St. Anthony's State Championship team. Bill would transfer to Hauppauge High School and become an All County baseball player in 1977. He was drafted out of high school by the Baltimore Orioles and would play with Hall of Famer Cal Ripken in the Orioles minor league system.