



The Christ the King CYO Newsletter

FAST BREAK

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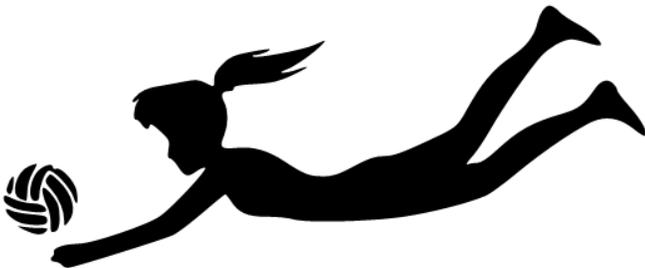
Monthly Newsletter

Fast Break is a monthly newsletter published by the **CTK CYO** in order to bring everyone the latest news, updates, and accomplishments of our boys and girls **CYO Basketball Programs** teams and players. Each month we will send out the newsletter with information on the teams, upcoming events and exciting programs that everyone in the CTK community can become part of.

WHAT'S HAPPENING

Girls

Volleyball



The first girls volleyball informational meeting was held on March 2nd and Coach Donna Newman was there to meet and greet the parents of interested participants in the program. Based on the initial response it is likely that the program will move forward and start with girls grades 5th thru 9th. The next meeting is scheduled for Thursday May 25th 730pm at the CTK Gym. It is imperative that anyone interested in participating in the program attend this meeting. We need volunteers to help administrate the program and get it started.



Boys Divisons

Tyro Spring CYO League- The Tyro Spring league opened up on Friday 4/21 and saw Coach Newman's team take on Holy Spirit of New Hyde Park.

The team jumped out to an early 19-4 lead as they full court pressed Holy Spirit, which created some quick scoring opportunities for CTK. Zach Lagrasta, Matt Feigenbaum and Ryan Elliot provided the spark on defense at the top of the press which led to the turnovers by Holy Spirit.

The team continued to play inspired defense all game and came away with the 59-28 victory. All ten players scored in the game and they were led by Thomas Abbott's 18 points and Ryan Elliot's 10 points.

On 4/23 the team took on Our Lady of Mercy from Hicksville and lost by the score of 44-33. CTK had the lead for most of the game and was ahead 31-27 after the 3rd quarter. The offense went cold in the 4th quarter and was able to score only two points while OLM scored 17 points in the final quarter. Thomas Abbott had 11 points in the losing effort.

On 4/26 the team traveled to Malverne to play Our Lady of Lourdes and came away with the 50-36 win. A shortened squad of only seven players made the trek into Malverne and they turned up the heat on defense causing

numerous OLM turnovers. The trapping defenses utilized by the CTK boys kept OLM off balance the entire game and disrupted their offensive flow. Matt Fajfer, Adam Dubi and Kieran Bradley were responsible for setting the defensive tone at the top of the defense. Thomas Abbott and Antonio Figueroa keyed the bottom of the defense and were clearing the backboards all game long. Matt Fajfer 14 points, Matt Feigenbaum 12 points and Antonio Figueroa 11 points were the leading scorers.

On 4/30 St. Bernard-1 came to CTK and the team once again turned up the defensive pressure early to jump out to a 47-19 halftime lead. St. Bernard starting hitting three point shots late in the third quarter to cut the lead to nineteen. In the 4th quarter CTK was hitting on all cylinders and came away with the 89-49 win. Nine players were in the scoring column with Thomas Abbott leading with 26 points and Antonio Figueroa adding 17 points.



K-2 Clinic

The K-2 Clinic- For the 2017-18 season a new format will be in effect. The kindergarteners will have their own separate clinic day and time. It will be boys and girls together and the session will be one hour in duration.

The 1st and 2nd grade boys and girls will be grouped together for their session which will be one hour in duration. Anyone that is interested in volunteering to coach at this level can contact Coach Newman @ theace5120@aol.com.



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GIRLS DIVISIONS

The girls divisions held evaluation workouts for the 2017-18 season on 3/28, 3/29 and 3/30. It was a great turnout and we are excited to see the enrollment in the girls program increase. We will be fielding travel teams again this coming year from 4th thru 8th grade. We are thrilled to welcome back people that missed out on the 2016-17 season and fully expect them to enjoy their CTK CYO experience in 2017-18. If you missed the evaluations and are interested in playing CYO travel basketball in 2017-18 contact dennis.briordy@gmail.com for further information.

Individual Instruction

Coach Newman has been holding individual and small group workouts @ CTK for the past few weeks. Participants (boys and girls) currently range from 2nd graders to 8th graders. Each session is approximately one hour in length consisting of fundamental drills involving ball handling, shooting, dribbling, one on one moves, agility and conditioning. Anyone interested in improving their game is urged to contact Coach Newman @ theace5120@aol.com to set up a session.



TRIVIA

The second informational Girls Volleyball meeting will be held on Thursday May 25th @ 730pm in the CTK Gym. Coach Donna Newman will be there to discuss the new program and will answer any questions. If you are unable to attend the meeting you can contact Coach Newman @ donvolley@aol.com.

Coach John Newman will be conducting individual and small group instructional workouts for boys and girls during the months of April and May. These workouts will be open to CTK players and non-CTK participants. Contact Coach Newman @ theace5120@aol.com for further information if you are interested.

TRIVIA QUESTION OF THE MONTH

The answer to last months Trivia Question:

What former Commack resident graduated from Rutgers University and played for the New York Nets?

Bob Lloyd played for the New York Nets during the 1968-69 season when they made their home at the Long Island Arena in Commack. Bob lived in the Maple bldg. of the Fairfield Apartments off Commack Road. Coach Newman was a Newsday carrier and was Bob's daily paperboy that winter and became friends with Bob and his wife. Bob Lloyd was an All-American guard at Rutgers and was a backcourt mate with Hall of Fame coach Jim Valvano.

This month's question:

What former CTK player was a member of the first New York State High School Basketball Champion St. Anthony's in 1974? Hint: He would later be drafted by the Baltimore Orioles and play minor league baseball with Cal Ripken Jr.

Email your answer to : theace5120@aol.com