



The Christ the King CYO Newsletter

FAST BREAK

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Monthly Newsletter

Fast Break is a monthly newsletter published by the **CTK CYO** in order to bring everyone the latest news, updates, and accomplishments of our boys and girls **CYO Basketball Programs** teams and players. Each month we will send out the newsletter with information on the teams, upcoming events and exciting programs that everyone in the CTK community can become part of.

WHAT'S HAPPENING



Boys Divisons

High School League-The High School League championship game pitted Team 1 (Newman) against Team 4 (Greco) on Sunday March 5. Team 4 took home the championship hardware with its convincing 74-56 victory.

The game was close up until the final 10 minutes when Team 4 leading 47-43 went on a tear that Team 1 couldn't stop. Led by the hot shooting of Nick Greco, Gabe Medina and Travis Newman, Team 4 put the game out of reach. Nick Greco with 28 points, Travis Newman with 23 points and Gabe Medina's 12 points led the way for Team 4. Team 1 saw Kevin Krach hit for 23 points and Nick Parkas added 21 points in the loss.

Congratulations to Team 4 (Greco) members:

Nick Greco	Gabe Medina
Dominic Cappa	Travis Newman
Kero Fouad	Shawn Uthup
Michael Zareif	Chris Crispino

It was a great season and it was capped off by the announcement of the 2016-17 High School All Stars:

Kevin Krach	Matt Fajfer
Nick Parkas	Antonio Figueroa
Matt Pecoraro	Kevin O'Keefe
Matt Callahan	Anthony Foti
Johnny Melville	Thomas Turturro
Jaden Kealey	Matt Feigenbaum
Michael Cascone	Jacob Waga
Travis Newman	Nick Greco
Shawn Uthup	

Pictured below are scenes from Championship Evening:

Champions Team 4 (Greco)



League Leading Rebounder Travis Newman



League Leading Scorer Kevin Krach



League Leading Playmaker Anthony Foti



Senior Chris Crispino and Coach Newman



Coach Moran told some inspiring stories about former players that did not make the JV as 9th graders but would later on prove him wrong by coming back and eventually having terrific varsity careers. He also answered questions from the audience about different topics. The CTK CYO wants to thank Coach Moran for donating his time and wisdom to our participants.

Coach Moran with Coach Newman



Coach Moran @ CTK

Coach Dave Moran the JV Boys coach at Commack High School braved the cold on March 15th to come and speak to CTK participants ranging from 5th to 9th graders and their parents.

Coach Moran spoke for about one hour and it was an enlightening and eye opening talk for all those present. He talked about many different things like:

- a) Getting prepared for tryouts
- b) How tryouts are conducted.
- c) On court expectations at tryouts.
- d) Level of difficulty to make the JV team
- e) There are no guarantees
- f) Playing League I competition
- g) Team member on and off court responsibilities
- h) Characteristics of a coachable player
- i) Necessary preparation for a varsity career

Coach Moran with Travis Newman



Tyro Spring CYO League-For the first time CTK will be participating in the Spring CYO Tyro league for 8th thru 10th graders. The league begins April 6th with a schedule of eight games ending May 26th. CTK will be entering two teams, one to be coached by John Newman and the other by Daren Macchio. The coaches and players are looking forward to a busy spring as they continue to work on improving their games by playing competitive basketball all year long.

8th Grade (Newman)-The 8th grade team met St. Aidan of Williston Park in a first round playoff game on Sunday March 11 and fell by the score of 50-36.

The game started out slow with both teams having trouble scoring and at halftime St. Aidan's led by the score of 20-12. St. Aidan's would extend their lead to 14 points early in the 3rd quarter but the CTK boys came alive with an 8-0 run to cut the lead to 6 points entering the final quarter.

It was not meant to be as CTK shooting went cold and St. Aidan's took advantage to extend the lead once again to 14 points. The boys played hard all game as they did all year long but inconsistent shooting would prove to be their demise. Gavin Newman led the team with 14 points in the loss.

Coach Newman wants to thank all the boys for their efforts throughout the year and wishes them the best as they enter high school this September.

Team Members:

Matt Barbero	Kieran Bradley
Ryan Burke	Joey Dietz
Antonio Figueroa	Jason Loscalzo
Zachary Lagrasta	Gavin Newman
Charles Whitcomb	

5th Grade (Rosenoff)

The 5th grade boys team met St. Joseph of Garden City in the Nassau-Suffolk CYO Championship game on March 26th. The game went right down to the last seconds as St. Joseph held on for the 33-32 victory.

The CTK boys started off slowly and found themselves down at halftime by the score of 25-17. Unable to find their shooting touch (23%) and difficulties on defense accounted for the halftime deficit. Coach Rosenoff quickly made some tactical changes at halftime to try and jump start the team. Needless to say, they responded with a huge third quarter surge.

The boys switched to a zone defense which curtailed the free wheeling offense that St. Joseph used in the first half. The boys went on a 9-0 run which temporarily gave them a one point lead near the end of the third quarter.

The fourth quarter was a defensive battle as each team struggled to score. CTK was down 33-32 with 14.9 seconds remaining with possession of the ball under their own basket. After inbounding the ball they carefully passed the ball looking for an opening in the St. Joseph defense. With about three seconds remaining the boys found an opening to the basket and got off a good shot but the ball fell off the rim as the buzzer sounded to end the game.

Evan Kay had 13 rebounds and 2 steals and Dante Vardaro had 11 rebounds and 2 steals in the loss. Congratulations to Coach Rosenoff and all the boys for a terrific and successful season.





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GIRLS DIVISIONS

The girls divisions held evaluation workouts for the 2017-18 season on 3/28, 3/29 and 3/30. It was a great turnout and we are excited to see the enrollment in the girls program increase. We will be fielding travel teams again this coming year from 4th thru 8th grade. We are thrilled to welcome back people that missed out on the 2016-17 season and fully expect them to enjoy their CTK CYO experience in 2017-18. If you missed the evaluations and are interested in playing CYO travel basketball in 2017-18 contact dennis.briordy@gmail.com for further information.



K-2 Clinic

The **K-2 Clinic** was such a huge success this year that our clinicians wanted to continue playing thru the month of March. Coach Newman held additional sessions on Fridays and Sundays at the CTK Gym where the boys and girls continued to hone their skills. These sessions included game play and age appropriate drills. Coach Newman was pleased to see Robert Leon Skidmore, Cassie Whalen, Armondo Jacques, Aaron Werner, Logan Schadt, Carter Clark, Patrick Quigley, Chris Fusaro, Ava Khan, Asher Tarique, Samantha Dossantos, Gabriella Newman, Alexander Kineiko and Max Compagno each week and the marked improvement in their skills. We look forward to seeing everyone again next year!

Individual Instruction

Coach Newman has been holding individual and small group workouts @ CTK for the past few weeks. Participants (boys and girls) currently range from 2nd

graders to 6th graders. Each session is approximately one hour in length consisting of fundamental drills involving ball handling, shooting, dribbling, one on one moves, agility and conditioning. Anyone interested in improving their game is urged to contact Coach Newman @ theace5120@aol.com to set up a session.



The second informational Girls Volleyball meeting will be held on Thursday May 25th @ 730pm in the CTK Gym. Coach Donna Newman will be there to discuss the new program and will answer any questions. If you are unable to attend the meeting you can contact Coach Newman @ donvolley@aol.com.

Coach John Newman will be conducting individual and small group instructional workouts for boys and girls during the months of April and May. These workouts will be open to CTK players and non-CTK participants. Contact Coach Newman @ theace5120@aol.com for further information if you are interested.

CTK will be offering grades 4-9, boys and girls, the opportunity to participate in the Nassau-Suffolk CYO Summer Basketball League this coming summer. The league begins after July 4th and ends at the end of August. Anyone wishing to enter a team may do so. Check our website ctkcyo.net for further information or contact Coach John Newman@ theace5120@aol.com

TRIVIA

TRIVIA QUESTION OF THE MONTH

The answer to last months Trivia Question:

Len Locasio played for Ed Sullivan's 8th Grade Nassau-Suffolk CYO Championship team in 1969-70. Len would later go on to play baseball for Commack South High School and win the prestigious Yaztremski Award as Suffolk County's Most Outstanding Baseball Player in 1973.

This month's question:

What former Commack resident graduated from Rutgers University and played for the New York Nets?

Email your answer to : theace5120@aol.com